



FIRST SPICE *Mixing Company (Canada) Ltd.*
Manufacturing Chemists to the Food Processing Industries

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Nutritional Analysis

CODE: JBS10210A

NAME: *J.B. BRATWURST SEASONING BINDER & CURE

Amount in 100 grams, edible portion

PROXIMATE:

Water	g	1.85
Food Energy	kcal	195.88
Energy From Fat	%	12.36
Protein (N X 5.35)	g	15.81
Total lipid (fat)	g	1.37
Carbohydrate, total	g	30.56
Sugar	g	10.73
Fiber	g	0.16
Ash	g	50.21

MINERALS:

Calcium	mg	152.41
Iron	mg	0.24
Magnesium	mg	25.49
Phosphorus	mg	137.17
Potassium	mg	304.66
Sodium	mg	18,269.09
Zinc	mg	0.40

VITAMINS:

Ascorbic Acid	mg	0.21
Thiamin	mg	0.08
Riboflavin	mg	0.31
Niacin	mg	0.18
Pantothenic acid	mg	0.08
Vitamin B 6	mg	0.08
Folacin	mcg	1.34
Vitamin B 12	mcg	0.34
Vitamin A	IU	11.73

LIPIDS:

Fatty acids:		
Saturated, total	g	0.11
Trans Fatty, total	g	0.00
Monounsaturated, total	g	0.07
Polyunsaturated, total	g	0.01
Cholesterol	g	1.08