



**FIRST SPICE** *Mixing Company (Canada) Ltd.*  
Manufacturing Chemists to the Food Processing Industries

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## Nutritional Analysis

**CODE:** JBS10660A

**NAME:** \*J.B. BREAKFAST SAUSAGE SEASONING BINDER

Amount in 100 grams, edible portion

**PROXIMATE:**

Water	g	7.27
Food Energy	kcal	260.27
Energy From Fat	%	6.75
Protein (N X 5.35)	g	6.44
Total lipid (fat)	g	0.86
Carbohydrate, total	g	55.91
Sugar	g	9.02
Fiber	g	1.99
Ash	g	29.05

**MINERALS:**

Calcium	mg	27.89
Iron	mg	3.26
Magnesium	mg	2.32
Phosphorus	mg	67.52
Potassium	mg	88.31
Sodium	mg	11,134.84
Zinc	mg	0.02

**VITAMINS:**

Ascorbic Acid	mg	0.34
Thiamin	mg	0.45
Riboflavin	mg	0.27
Niacin	mg	3.65
Pantothenic acid	mg	0.00
Vitamin B 6	mg	0.00
Folacin	mcg	0.16
Vitamin B 12	mcg	0.00
Vitamin A	IU	106.32

**LIPIDS:**

Fatty acids:		
Saturated, total	g	0.12
Trans Fatty, total	g	0.00
Monounsaturated, total	g	0.08
Polyunsaturated, total	g	0.29
Cholesterol	g	0.00