



FIRST SPICE *Mixing Company (Canada) Ltd.*

Manufacturing Chemists to the Food Processing Industries

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Nutritional Analysis

CODE: JBS10050A

NAME: *J.B. FRESH SAUSAGE SEASONING BINDER

Amount in 100 grams, edible portion

PROXIMATE:

Water	g	6.74
Food Energy	kcal	262.16
Energy From Fat	%	7.31
Protein (N X 5.35)	g	7.33
Total lipid (fat)	g	1.14
Carbohydrate, total	g	57.09
Sugar	g	11.82
Fiber	g	1.72
Ash	g	27.04

MINERALS:

Calcium	mg	163.40
Iron	mg	3.25
Magnesium	mg	26.13
Phosphorus	mg	230.20
Potassium	mg	399.88
Sodium	mg	9,954.25
Zinc	mg	0.29

VITAMINS:

Ascorbic Acid	mg	1.12
Thiamin	mg	0.54
Riboflavin	mg	0.59
Niacin	mg	3.61
Pantothenic acid	mg	0.09
Vitamin B 6	mg	0.09
Folacin	mcg	1.82
Vitamin B 12	mcg	0.35
Vitamin A	IU	509.53

LIPIDS:

Fatty acids:		
Saturated, total	g	0.30
Trans Fatty, total	g	0.00
Monounsaturated, total	g	0.16
Polyunsaturated, total	g	0.48
Cholesterol	g	0.89