



FIRST SPICE *Mixing Company (Canada) Ltd.*
Manufacturing Chemists to the Food Processing Industries

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Nutritional Analysis

CODE: JBS10600A

NAME: *J.B. FRESH GARLIC SAUSAGE SEASONING BINDER

Amount in 100 grams, edible portion

PROXIMATE:

Water	g	7.61
Food Energy	kcal	252.23
Energy From Fat	%	7.95
Protein (N X 5.35)	g	7.02
Total lipid (fat)	g	1.35
Carbohydrate, total	g	54.25
Sugar	g	1.85
Fiber	g	3.57
Ash	g	29.21

MINERALS:

Calcium	mg	52.59
Iron	mg	4.61
Magnesium	mg	2.28
Phosphorus	mg	71.51
Potassium	mg	119.40
Sodium	mg	10,817.57
Zinc	mg	0.03

VITAMINS:

Ascorbic Acid	mg	1.44
Thiamin	mg	0.50
Riboflavin	mg	0.29
Niacin	mg	3.84
Pantothenic acid	mg	0.00
Vitamin B 6	mg	0.00
Folacin	mcg	0.07
Vitamin B 12	mcg	0.00
Vitamin A	IU	295.67

LIPIDS:

Fatty acids:		
Saturated, total	g	0.26
Trans Fatty, total	g	0.00
Monounsaturated, total	g	0.17
Polyunsaturated, total	g	0.40
Cholesterol	g	0.00